

(410) 313-7680

(410) 313-7688 (fax)

East Columbia 50+ Center **June 2017 Events**



eastcolumbia50@howardcountymd.gov
Hours: Mondays and Wednesdays, 8:30 am-8:30 pm
Tuesdays and Thursdays, 9am-4:30 pm

Fridays, 8:30 am-4 pm

Meridy McCague Ellen Brown Alma Blue Earl Saunders Kari Weidner Legal Aid 9am Chinese Painting\$ 10am Morning Workout\$ 10am Yoga \$ 11am & 12:15pm Mahjong 12pm Bridge 1:30pm Tai Chi Practice 2pm Cool Line Dance\$ 3pm Pinochle 4pm Soul Line Dance\$ 7pm 5 Legal Aid 9am Chinese Painting\$ 10am Morning Workout\$ 10am Morning Workout\$ 10am Morning Workout\$ 10am Yoga \$ 11am & 12:15pm	Sign up and Payr Please stop by the front or classes at the beginning or We accept cash, credit car coayable to: Howard Count Online registration can be nttps://apm.activecommur Seated Yoga \$ 10 am Color with Us 10 am Qigong Drop-in 11am Sew Who Cares 12pm Yoga \$ 2pm Urban Line Dance\$ 3pm Pad Lab 3:30pm Civil Law 6pm 6 Seated Yoga \$ 10 am Color with Us 10 am Qigong Drop-in 11am Color with Us 10 am Qigong Drop-in 11am	ffice to pay for your f the month or quarter. rds or checks made ty Director of Finance. e done at the website:	Thursday Tai Chi Sword 11am Tai Chi Practice 12pm Poker 12pm Chess 1pm Ballroom Dance \$ 1pm Strength, Stretch and Core \$ 2:30pm Tai Chi Practice 3:30pm Tai Chi Sword 11am Tai Chi Practice 12pm Poker 12pm Chess 1pm Ballroom Dance \$ 1pm Strength, Stretch and Core \$ 2:30pm Tai Chi Practice 3:30pm Tai Chi Practice 3:30pm Strength, Stretch and Core \$ 2:30pm Tai Chi Practice 3:30pm	Friday Beginner Writing \$ 9am Draw & Paint \$ 9:15am Advance Writing \$ 10:30am Pinochle 1pm Bridge 1pm Watercolors \$ 1pm 2 Draw & Paint \$ 9:15am Pinochle 1pm Bridge 1pm Watercolors \$ 1pm Bridge 1pm Bridge 1pm Bridge 1pm Bridge 1pm Bridge 1pm Watercolors \$ 1pm
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	Yoga \$ 2pm	Strength Training \$ 3pm Tai Chi Beginner \$ 4pm	Ballroom Dance \$ 1pm	10:30am
	Urban Line Dance\$ 3pm	Tai Chi Fan \$ 5pm/6pm	Strength, Stretch	Pinochle 1pm
	Soul Line Dance Party\$	Soul Line Dance \$ 7pm	and Core \$ 2:30pm	Bridge 1pm
· · · · · · · · · · · · · · · · · · ·	4:30pm		Tai Chi Practice 3:30pm	Watercolors \$ 1pm
Pinochle 4pm F. Tai Chi 3 & 2\$ 5pm/6pm	Family Law 6pm			
Soul Line Dance \$ 7pm		4.4	15	16
12	13	14		
	Seated Yoga \$ 10 am	Mahjong 10am	Bridge Class \$ 10am	Beginner Writing \$
•	Color with Us 10 am	Bid Whist 2pm	Tai Chi Sword 11am	9am
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	Poker 12pm	Summer BBQ on the	Chess 1pm	Advance Writing \$
	Clutter Busters 1pm	Deck \$ 4pm	Ballroom Dance \$ 1pm	10:30am
_	Yoga \$ 2pm	Tai Chi Fan \$ 5pm/6pm	Strength, Stretch	Pinochle 1pm
	Urban Line Dance\$ 3pm	Soul Line Dance \$ 7pm	and Core \$ 2:30pm	Bridge 1pm
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Caregivers Support 7pm	20	21	33	23
19	20		22	
	Seated Yoga \$ 10 am	Mahjong 10am	Tai Chi Sword 11am	Draw & Paint \$ 9:15am
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_	Poker 12pm	Tai Chi Fan \$ 5pm/6pm	Ballroom Dance \$ 1pm	Watercolors \$ 1pm
	Yoga \$ 2pm	Soul Line Dance\$ 7pm	Strength, Stretch	
	Short Stories 2pm		and Core \$ 2:30pm	
	Jrban Line Dance\$ 3pm		Tai Chi Practice	
	World Language Café 7pm		3:30pm	
Soul Line Dance \$ 7pm	γριτι			
26	27	28	29	30

Legal Aid Services

Maryland Legal Aid provides a full range of free civil legal services to financially qualified Marylanders and people over 60. Maryland Legal Aid handles civil, not criminal, cases including: consumer and elder rights, unlawful evictions, dangerous housing conditions, maintaining custody of children, foreclosure prevention, unpaid wages recovery, unemployment benefits, and dealing with debts and debt collectors

When: Mondays, June 5, 12, 19, and 26

Time: 9am – 12pm

Cost: Free

Color with Us

Color between the lines or don't. Join us for this relaxing hour of tea, talk and color. This is the perfect slice of summer.

When: Tuesdays, June 6, 13, 20 and 27

Time: 10am -11am

Cost: Free

Jessie Barnes' Soul Line Dance Party

Join us for happy hour and learn the latest soul **line dances** with instructor **Jessie Barnes**. Hors D'oeuvres Mocktails and refreshments! No experience is necessary. Please stop by or call (410) 313-7680 to register.

When: Tuesday, June 13

Time: 4:30 - 6pm

Cost: \$5 (suggested donation)

Summer Duct Tape Bag

Beautiful, sturdy and made from Duct Tape with a cloth exterior! This is your opportunity to create a summer fun bag for beach or shopping. Join us for some fun. Registration is required. Please stop by or call (410) 313-7680.

When: Wednesday, June 14

Time: 10am

Cost: (materials fee to instructor)

Summer BBQ on the Deck

The library may be closed but we are still here during renovations! Weekly plans for grilling and chilling! Join us for the first day of summer BBQ! Registration is required.

When: Wednesday, June 21

Time: 4pm

Cost: (food for purchase)

Summer Vision Boards

Create your vision board for the summer. Bring trinkets, photos or anything that inspires you or choose from the pictures and sayings we have available. There are no rules so make it your own.

When: Wednesday, June 28

Time: 10:30am Cost: Free

Sign-up and Payment for Classes

Payments for classes and activities can be done at the front desk. We accept cash, credit cards or checks made payable to Howard County Director of Finance. Online registration can be done at the following ActiveNet website: https://apm.activecommunities.com/howardcounty

Important Numbers and Information

If you need accommodations to attend events at East Columbia 50+ or an alternate format for this document, please call: **410-313-7680**. People with hearing or speech disability may contact Maryland Relay: 7-1-1.

Howard County Government does not endorse products or services associated with programs held at Howard County 50+ Centers. Howard County Government is not responsible for the performance or non-performance of sponsors.